

Saint Anthony School Cheer Team 2019- 2020 Rules and Expectations

Aloha Parents/ Guardians,

Your child is interested in becoming a part of Saint Anthony School (SAS) Cheer Team! Students in grades 6-12 are eligible to be a part of this team at the start of the school year. We will have a Junior Varsity and Varsity team, or Junior/Varsity team depending on the amount of students who tryout. We will be holding tryouts for the team. All candidates will need to fill out an application packet which includes a registration form, a 2-3 paragraph essay explaining why he/she wants to be a Saint Anthony School Cheerleader, a parent authorization school form, and their most recent report card. All forms are due by **Friday, August 2nd, 2019**. It is an honor, a responsibility and an important leadership role to be a part of this SAS Cheer Team. Our cheerleaders will be cheering at our sporting events, pep rallies, assemblies, and other school functions. Please read the rules and expectations below and sign and return with your child's registration forms.

Mahalo Nui Loa,
Coach Wileen and Coach Liccet

Rules and Expectations

Tryout Eligibility

All paperwork completed –

- Application form
- Essay
- Copy of most recent report card
- Rules and expectations agreement
- Current school physical and emergency card on file with the SAS office.

Nominated cheerleaders will be notified by phone call on or before August 9th. GOOD LUCK... even if your child didn't make the team this year, please persevere and tryout again next year.

Grades & School Disciplinary Behavior Referrals

Cheerleaders are expected to keep adequate grades meaning C's or better and a 2.0 GPA. Grades to be reviewed quarterly with progress checks. Failing grades may result in suspension from the team until grades are brought back up. Two disciplinary behavior referrals will result in suspension from the team until the situation is resolved and behavior improves. Excessive disciplinary referrals (more than 3) will result in termination off the team for the remainder of the school year.

Practice times

Twice a week 3:40- 5:00 p.m. (days TBD). All team members will need to be dressed appropriately for practice in t-shirt, shorts and shoes. Students will need to pack a snack to eat before practice and have a full water bottle during practice. Students will attend study hall in the library from 2:30- 3:30 p.m. Students will meet in the SAS dance room at 3:40 p.m. They need to change and have a quick snack before practice. Practice will begin promptly at 3:40 p.m. and end by 5:00 p.m.

***Please make arrangements for your child’s pick-up after practice.**

Games/School Sponsored Events

Students will be expected to attend various SAS games for football, flag football, basketball, track and field, and other school sponsored events. The schedule will be announced and may include weeknights and weekends.

***Please make arrangements for your child’s drop off and pick up to all games/school sponsored events.**

Attendance

Every student athlete is expected to be at practice, games, and school sponsored events. A written note from a parent or teacher is required for all missed practices, games, and school events. Cheerleaders will not be permitted to cheer at a game/school sponsored event if there is an unexcused absence from practice.

Uniforms

All team members will need to wear the approved cheer uniform at all school events and games. If any cheerleader is not in full uniform, he or she will not be allowed to cheer at that activity.

*** This year uniforms will be purchased and will cost approximately \$___ per cheerleader, in our school colors and say SAS or Trojans. This is a commitment as well as an investment so please discuss this with your child before applying.

Any other questions that you might have can be answered by contacting coaches Wileen 782-1281 or Liccett 760-799-3571.

*I agree to all the coaches’ rules and expectations stated in the information package.

Print Student Athlete Name _____

Student Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Saint Anthony School
Cheer Team 2019- 2020
Application Form

Student's Name: _____

Age: _____ Grade: _____ Date of Birth: _____

Home Address: _____

Parent's Email Address: _____

Mom's Name: _____

Dad's Name: _____

Mom's Cell: _____

Dad's Cell: _____

Emergency Contacts

In case of an emergency if parents cannot be reached:

#1-Name _____

#2-Name: _____

Relationship: _____

Relationship: _____

Phone: _____

Phone: _____

Medical Information

Doctor: _____ Phone: _____

Insurance Co.: _____ Policy# _____

Please list any allergies, medications or other medical conditions.

MUST HAVE AN ATHLETIC FORM ON FILE WITH THE SCHOOL.

Read and Agreed to by:

Parent Signature _____ Date: _____

Saint Anthony School
Cheer Team 2019- 2020
Essay

Student's Name: _____ Grade: _____

Write 2-3 paragraphs explaining why you want to be a SAS Cheer-Leader.

Why do you want to be a Saint Anthony High School Cheer-Leader?

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____