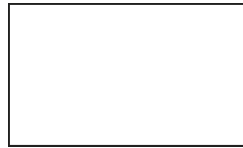


## Strength in Unity

A MONTHLY NEWSLETTER OF ST. ANTHONY JUNIOR-SENIOR HIGH SCHOOL

Fr. Jim Orsini, Principal  
1618 Lower Main Street  
Wailuku, HI 96793

Phone: 808-244-4190  
Fax: 808-242-8081  
E-mail: sas@sasmaui.org  
website: www.sasmaui.org



### Important Dates

September 28-October 1—SPIRIT WEEK  
October 1 — FIRST QUARTER ENDS  
Early Release on October 1st — MAUI COUNTY FAIR PARADE  
October 5-9—Fall Break  
October 12—school resumes  
October 13—Dirt Contest  
October 14—7th and 8th Flu Shot Clinic  
ITBS testing (7,8,12) PSAT (9,10,11)  
October 17—Entrance Exam for 2010-11  
October 18—PTG Chuck Wagon Breakfast  
October 20—8th Grade Retreat  
October 27—Juniors meet with Jostens/class Rings  
October 27—Seniors meet with Jostens/ Cap&Gowns, Invitations, etc.  
October 28—Mass in honor of All Saints  
October 31—St. Anthony Church Bazaar



SEPTEMBER 2009

# STRENGTH IN UNITY

A Monthly Newsletter of St. Anthony Junior-Senior High School

## St. Anthony celebrates Spirit Week

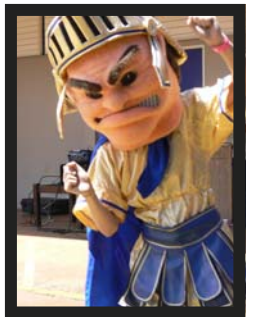
There is something new at St. Anthony (the “C” in FOCUS — Change and Adaptation)—we will be celebrating our Homecoming on January 30th, 2010 at our basketball game versus Hana High School. But, we couldn’t let an opportunity go by without showing our SPIRIT!

September 28th through October 1st has been designated SPIRIT WEEK with the theme of “161 Years of ‘Ohana Spirit”. The culmination of our activities will be our participation in the Maui County Fair Parade! Our band and flag twirlers will be there, our Spirit Club will be there, and Student Government will be entering a float!

To show our ‘ohana spirit, our float will be honoring “generations” of St. Alumni (present and future). We had a Spirit T-shirt Design contest this past week—with **Kelley Donaghy** a 10th grader submitting the winning design. Each student will receive a spirit t-shirt that they will wear to school on Thursday, October 1st, and also to the County Fair!

Congratulations to our new mascot—**Brandon Ramos** — he will also make an appearance at the parade—strolling and dancing along with the float!

Other activities include dress-up days and activities during lunch recess: Monday, all divisions have been assigned a specific “Clique” dress: Rookies—Punk Rockers; Freshmen—Rasta; Sophomores—Preppies; Juniors—Nerds; and Seniors—Fashion Victims! (rules will be posted on our website). The activity, during lunch, will be a Faculty versus Students Flag Football game! On Tuesday, students will dress as fictional characters and the lunch activity will be a talent show—with each division entering two acts. Wednesday, the activity will be music and a food drive during lunch recess. Food will be weighed and the winning division will receive a pizza party at lunch after the Fall Break! Dress for the day will be come as a food item, or wear clothing advertising food. Thursday, as stated above will be to wear the Spirit T-shirt and it will be an **EARLY RELEASE DAY** to allow students participating in the parade to prepare and those not, to come and cheer those on that are! We would like all SAS students to be at the parade in one way or another to show our “ohana spirit”!



### GOING FOR THE GOLD

The Gold Award is the highest award a Girl Scout can be awarded. It is an award that represents each girl’s accomplishments in her Girl Scout career. After the GOLD AWARD project is chosen, the troop must commit 65 hours to the project. This includes planning and execution of the project.

Three St. Anthony Students and two Kamehameha students form Troop 1032. The five girls, assisted by their troop leaders, have been working hard towards obtaining their Gold Award.

The troops first step was making food donations. The troop made a generous donation to St. Joseph Food Bank, and then donated to a needy family. Their donation was able to give the family all of the fixings they would need for a Holiday dinner. The troop felt it was important to reach out to the needy families in the community especially during the holiday season.

The troop’s current project involves working at the “Kahale A Ke Ola Homeless Resource Center”. All of the girls are excited to continue working in the community. They are motivated to help as many people in the community as they can.

*Submitted by Girl Scout Troop 1032*

### FRIDAY SPECIAL DRESS DAY!

In order to provide students with a venue to display pride in their extra-curricular activities, Fridays of each week have been designated as **SPECIAL DRESS DAY**. On these special dress days, students are allowed to wear any St. Anthony year Club t-shirt or Sports t-shirts. However, current year Uniform Sport Shirts may not be worn. (e.g. 2010 baseball uniform, volleyball uniform, etc.)

Aloha attire is also encouraged—collared aloha shirt only (no t-shirts). And, of course, the St. Anthony Jr-Sr High School uniform is always an option. All other uniform rules will be enforced: earrings, shoes, socks, pants/shorts, etc.

We hope this SPECIAL DRESS DAY will not only give the students an opportunity to show pride in their extra-curricular activities but encourage others to get involved! Questions on Club shirts should be referred to the Student Activities Coordinator, [jp ruett@sasmaui.org](mailto:jp ruett@sasmaui.org); Questions on Sport shirts should be referred to the Athletic Director, [cpico@sasmaui.org](mailto:cpico@sasmaui.org); All other uniform questions should be referred to the Dean of Students, [mtafao@sasmaui.org](mailto:mtafao@sasmaui.org).

**MONDAY, TUESDAY, WEDNESDAY AND THURSDAY will be official uniform only – unless approved otherwise, by the Operations Committee through a proposal process through the Student Activities Coordinator and/or Athletic Director. GO TROJANS!!**



### Message from Our Principal

Aloha kakou !

Keeping in touch is important and our monthly newsletters will provide you with a "hard copy" of important dates and activities. It seems like only a week ago that we started this new school year, but here we are, almost at the end of the first quarter which is the first grading period. For some students October 2<sup>nd</sup> will be a day of reckoning and they will discover the consequences of missing assignments and lack of sincere effort. These students will realize the fact that good study habits are learned, not inherited and that work cannot always be put off until tomorrow. Our teachers keep encouraging and offering help to your children and we need you to do the same.

For students who are having a hard time with academics, we have multiple layers of help available. We offer peer tutoring, individualized instruction by teachers and supervised study halls after school three times per week. If your child's grade point average (GPA) falls below a 2.0 (C), the use of the study hall option becomes mandatory for the remainder of the first semester. We will do every-thing possible to make sure our students succeed in all areas of our college preparatory curriculum and we ask you to encourage your child to seek the help that is readily available. Of course, you still retain the right to "ground" them until missing assignments are completed and submitted! Sometimes all it takes is an extra measure of encouragement and direction to boost achievement.

If your student is handling their academic load with ease and is achieving superior grades, it may now be time to encourage them to branch out into extra-curricular activities or community service. Today, most college and university admission offices are factoring in so much more than grades when they offer admission and scholarships to applicants. A solid track record of service and well-rounded activity can make the difference between acceptance or refusal and can affect the size of the financial aid package that may be offered. Students who try to "pad" their resumés with activities they started only in their senior year are not taken as seriously as students who show not only commitment to service but also the ability to sustain their service over a period of years --- the same kind of long-term commitment they will need to succeed in their college or university studies.

Mahalo to all who came to our Open House at the end of August and to all who came to the recent informational nights for each division. If there is anything we can do to expand or improve our communication with you, please do not hesitate to contact us either by phone, by mail or by email. Our website [www.sasmaui.org](http://www.sasmaui.org) contains my email address and the addresses for all administrators, faculty and staff. We would love to hear from you and hope you enjoy hearing from us !

Me ke aloha pumehana,

Fr. Jim Orsini, Principal

**Mark your Calendar ANTHONY JR-SR HIGH SCHOOL PRESENTS: "TIS CHRISTMAS—A SEASON FOR GIVING".** Please help make our annual dinner action a huge success—do you know someone who can make a contribution? We are looking for volunteers and auction items! Please call Kathleen DeLima @ 244-4190x268

—November 22nd—  
King Kamehameha Clubhouse

Mark your calendar "Veterans Day Band Concert"—November 6, 2009—6:30pm, St. Anthony Church Center

**Congratulations Class of 2009!** The following scholarships were awarded to the St. Anthony Class of 2009—Wailea Community Association Scholarship— \$3,000—Kristen Orth; Laura Rowe Burdick Foundation—\$2,000—CJ Fernandez; Ian Smith Memorial—\$2,000—Ryan Rodriguez; Hawaii Youth Rotary—\$2,000—Rosie McGoldrick; Kiwanis Club of Valley Isle—\$1,000 each—Desiree Borges & Dominic Liserre, \$500 each—Jade Rojas & Reece Bonilla; Foodland Supermarket, Ltd.—\$2,000—Erin Yokote; Josh Jerman Scholarship—\$1,000—Rosie McGoldrick; Burger King Scholarship—\$1,000 each—Dominic Liserre & Taylor Liserre; Edward & Eleanor Sera Perpetual Memorial Scholarship—\$500 Savings Bond—Mark Mattos; Realtors' Association of Maui, Inc. Presidential Scholarship—\$2,000 each—Michael Chau & Ryan Rodriguez; Mamoru & Aiko Takatani Foundation Scholarship—\$2,000—Rosie McGoldrick; ILWU Harriet Bouslog Scholarship—\$2,000/yr for 4 yrs—Erin Yokote. In addition, several of our graduating seniors were awarded substantial merit scholarships by their colleges of choice: Desiree Borges, CJ Fernandez, Jordan Shiffler, Ryan Rodriguez and Michael Chau. — for information on obtaining scholarships contact: Michael Weddington, x224 or email: [mweddington@sasmaui.org](mailto:mweddington@sasmaui.org).

For more information on what's happening at St. Anthony log on to our website: [www.sasmaui.org](http://www.sasmaui.org)

### PTG CORNER

**Fall Breakfast, BINGO & Bake Sale**  
Sunday, October 18 ●7:30a-11:00a  
Trojan Café (Marian Hall)  
**BAKE SALE—BINGO—PRIZES**  
Sponsored by the St. Anthony  
Junior-Senior High School PTG  
Benefits Tuition Assistance Program  
**BAKED GOODS NEEDED**  
Call Ruth Ann DePonte  
244-4190 x269 or [rdeponte@sasmaui.org](mailto:rdeponte@sasmaui.org)  
Ticket sale competition by class—ice  
cream party for the winning  
class!

### St. Anthony Church Fall-Christmas Bazaar

Date: Saturday, October 31, 2009  
Time: 7:00 a.m. – 1:00 p.m.  
Place: Trojan Café (Marian Hall)

Featuring a SILENT AUCTION with many great items for Christmas! Come eat, Bid, and take home some wonderful baked goods, jams, jellies, produce, plants, crafts, religious articles, and get your car washed by Boy Scout Troop 49!! This is truly a one stop shop!

If you would like to contribute baked goods, craft items or silent auction items, they may be dropped off at Trojan Café after school on Friday, Oct. 30<sup>th</sup> or Saturday morning, Oct. 31<sup>st</sup>

Proceeds benefit the St. Anthony Preschool, Grade School, Jr/Sr High School, and the St. Anthony parish youth groups  
For more information, contact: June Borges @ 244-5152

### REMINDER TO PAY CLASS DUES & GRADUATION FEES BY SEPTEMBER 30, 2009

- Rookies—\$50
- Freshmen—\$60
- Sophomores—\$70
- Juniors—\$110
- Seniors—\$110

Class dues include student planners, banquets, spirit t-shirts, homecoming t-shirts, May Day and various Student Activities during the year.

**Senior Graduation Fees—\$225**

Includes cap & gown, diploma with cover, facility fee, and other miscellaneous graduation costs.  
Please see Angie in the Business Office.

College Scholarships available—  
log-on to [www.sasmaui.org](http://www.sasmaui.org) and  
click on College Guidance link  
and select "scholarships"  
Have questions? Call: Michael  
Weddington x224 or email:  
[mweddington@sasmaui.org](mailto:mweddington@sasmaui.org)

### COUNSELOR'S CORNER

### PRESSURE on teens today...

*Pressure to fit in*  
*Pressure to be perfect*  
*Pressure to be sexually active*  
*Pressure to pick on others*



Your child has a lot to think about these days. Not only are they being pressured to get good grades so that colleges will accept them, but these kids are asked to do so much more socially. This pressure can cause them to lose sight of their morals, change their behavior and/or become extra moody, depressed or anxious. Talk to your teen today and ask about their lives. Are there pressures at school that they have to face? Have they been asked to smoke/drink? Who do they spend their time with? Do they have a crush? Of course teens will roll their eyes and say, "Mom! Dad! Gosh", but trust me, most kids want to know you care. Take the "sassy" response with a grain of salt and know you did your part in trying to understand their world. Keep up the hard work parents. Parenting is the toughest and most important job on the planet.

*"It's hard to give your opinion because our friends may judge us.  
It hard to be your true self and we feel that we must put on a front". —SAS Student*

Need advice? Have a question on behavior?  
Contact: Malorie Chong at 244-4190 ext. 255 or email: [mchong@sasmaui.org](mailto:mchong@sasmaui.org)